

10000 m. férfi gyorsúszás

1. versenyszám

Felnőtt

1.	Gyurta Gergely	1991	UTE							01:46:57,34
	100m: 0:01,01	400m: 0:04,12	500m: 0:05,16	800m: 0:08,27	1000m: 0:10,34	1500m: 0:15,51	2000m: 0:21,09			
	2500m: 0:26,27	3000m: 0:31,44	3500m: 0:37,01	4000m: 0:42,18	4500m: 0:47,36	5000m: 0:52,54	5500m: 0:58,14			
	6000m: 1:03,35	6500m: 1:08,58	7000m: 1:14,22	7500m: 1:19,46	8000m: 1:25,10	8500m: 1:30,37	9000m: 1:36,04			
	9500m: 1:41,31									
	Edzője: Kovácshegyi Ferenc, Virth Balázs									
2.	Papp Márk	1994	BVSC-Zugló							01:48:58,06
	100m: 0:01,01	400m: 0:04,12	500m: 0:05,16	800m: 0:08,26	1000m: 0:10,34	1500m: 0:15,53	2000m: 0:21,15			
	2500m: 0:26,35	3000m: 0:31,52	3500m: 0:37,13	4000m: 0:42,36	4500m: 0:47,59	5000m: 0:53,23	5500m: 0:05,80			
	6000m: 1:04,17	6500m: 1:09,46	7000m: 1:15,16	7500m: 1:20,51	8000m: 1:26,33	8500m: 1:32,15	9000m: 1:37,55			
	9500m: 1:43,29									
3.	Rasovszky Kristóf	1997	Balaton ÚK Veszprém							01:50:52,06
	100m: 0:01,01	400m: 0:04,12	500m: 0:05,16	800m: 0:08,27	1000m: 0:10,34	1500m: 0:15,51	2000m: 0:21,10			
	2500m: 0:26,31	3000m: 0:31,54	3500m: 0:37,21	4000m: 0:42,48	4500m: 0:48,12	5000m: 0:53,44	5500m: 0:59,21			
	6000m: 1:05,01	6500m: 1:10,41	7000m: 1:16,21	7500m: 1:22,03	8000m: 1:27,49	8500m: 1:33,36	9000m: 1:39,20			
	9500m: 1:45,07									
4.	Székelyi Dániel	1995	Egri Úszó Klub							01:51:49,02
	100m: 0:01,03	400m: 0:04,17	500m: 0:05,21	800m: 0:08,35	1000m: 0:10,44	1500m: 0:16,08	2000m: 0:21,30			
	2500m: 0:26,55	3000m: 0:32,21	3500m: 0:37,50	4000m: 0:43,22	4500m: 0:48,54	5000m: 0:54,26	5500m: 0:59,59			
	6000m: 1:05,33	6500m: 1:11,07	7000m: 1:16,45	7500m: 1:22,28	8000m: 1:28,10	8500m: 1:33,51	9000m: 1:39,44			
	9500m: 1:45,49									
5.	Orosz Ádám	1996	Kőbánya Sport Club							01:54:52,35
	100m: 0:01,05	400m: 0:04,25	500m: 0:05,32	800m: 0:08,52	1000m: 0:11,05	1500m: 0:16,39	2000m: 0:22,17			
	2500m: 0:27,54	3000m: 0:33,33	3500m: 0:39,13	4000m: 0:44,56	4500m: 0:50,44	5000m: 0:56,34	5500m: 1:02,18			
	6000m: 1:08,06	6500m: 1:14,00	7000m: 1:19,49	7500m: 1:25,40	8000m: 1:31,36	8500m: 1:37,31	9000m: 1:43,21			
	9500m: 1:49,05									
6.	Farkas Tamás	1995	Szegedi Úszó Egylet							01:54:57,15
	100m: 0:01,06	400m: 0:04,31	500m: 0:05,38	800m: 0:08,59	1000m: 0:11,12	1500m: 0:16,47	2000m: 0:22,22			
	2500m: 0:27,58	3000m: 0:33,35	3500m: 0:39,15	4000m: 0:44,56	4500m: 0:50,44	5000m: 0:56,35	5500m: 1:02,25			
	6000m: 1:08,15	6500m: 1:14,06	7000m: 1:19,59	7500m: 1:25,55	8000m: 1:31,49	8500m: 1:37,42	9000m: 1:44,32			
	9500m: 1:49,05									
7.	Novoszáth Tamás	1997	Darnyi Tamás SC							01:58:09,56
	100m: 0:01,08	400m: 0:04,35	500m: 0:05,42	800m: 0:09,03	1000m: 0:11,15	1500m: 0:16,56	2000m: 0:22,44			
	2500m: 0:28,34	3000m: 0:34,23	3500m: 0:40,21	4000m: 0:46,05	4500m: 0:51,54	5000m: 0:57,43	5500m: 1:03,28			
	6000m: 1:09,19	6500m: 1:15,18	7000m: 1:21,24	7500m: 1:27,24	8000m: 1:33,19	8500m: 1:39,25	9000m: 1:45,40			
	9500m: 1:51,54									
8.	Kiss Attila	1996	Misk.VSI Nonprof.Kft							01:58:37,76
	100m: 0:01,08	400m: 0:04,35	500m: 0:05,42	800m: 0:09,04	1000m: 0:11,19	1500m: 0:16,58	2000m: 0:22,43			
	2500m: 0:28,34	3000m: 0:34,23	3500m: 0:40,21	4000m: 0:46,12	4500m: 0:52,03	5000m: 0:57,59	5500m: 1:03,56			
	6000m: 1:09,53	6500m: 1:15,54	7000m: 1:21,57	7500m: 1:27,44	8000m: 1:33,47	8500m: 1:40,00	9000m: 1:46,15			
	9500m: 1:52,31									

10000 m. férfi gyorsúszás

1. versenyszám

U 18-19

1.	Drigán Zoltán	1998	BVSC-Zugló	01:51:57,31			
	100m: 0:01,04	400m: 0:04,21	500m: 0:05,28	800m: 0:08,50	1000m: 0:11,03	1500m: 0:16,38	2000m: 0:22,14
	2500m: 0:27,49	3000m: 0:33,22	3500m: 0:38,56	4000m: 0:44,28	4500m: 0:50,01	5000m: 0:55,35	5500m: 1:01,07
	6000m: 1:06,40	6500m: 1:12,14	7000m: 1:17,53	7500m: 1:23,35	8000m: 1:29,17	8500m: 1:34,59	9000m: 1:40,43
	9500m: 1:46,27						
	Edzője: BVSC-Zugló edzői team						
2.	Reményi Ármin	1998	Kőbánya Sport Club	01:53:28,16			
	100m: 0:01,06	400m: 0:04,28	500m: 0:05,35	800m: 0:08,56	1000m: 0:11,10	1500m: 0:16,44	2000m: 0:22,20
	2500m: 0:27,55	3000m: 0:33,29	3500m: 0:39,04	4000m: 0:44,40	4500m: 0:50,16	5000m: 0:55,59	5500m: 1:01,36
	6000m: 1:07,18	6500m: 1:13,01	7000m: 1:18,46	7500m: 1:24,34	8000m: 1:30,17	8500m: 1:36,03	9000m: 1:41,54
	9500m: 1:47,42						
3.	Márton Richárd	1999	Budafóka XXII. SE	01:56:25,22			
	100m: 0:01,0	400m: 0:04,21	500m: 0:05,28	800m: 0:08,49	1000m: 0:11,03	1500m: 0:16,38	2000m: 0:22,14
	2500m: 0:27,51	3000m: 0:33,33	3500m: 0:39,10	4000m: 0:44,55	4500m: 0:50,39	5000m: 0:56,31	5500m: 1:02,19
	6000m: 1:08,12	6500m: 1:14,04	7000m: 1:20,07	7500m: 1:26,09	8000m: 1:32,09	8500m: 1:38,07	9000m: 1:44,13
	9500m: 1:50,22						
4.	Monori Kristóf	1999	Darnyi Tamás SC	01:58:33,97			
	100m: 0:01,05	400m: 0:04,28	500m: 0:05,35	800m: 0:08,56	1000m: 0:11,10	1500m: 0:16,55	2000m: 0:22,42
	2500m: 0:28,32	3000m: 0:34,26	3500m: 0:40,18	4000m: 0:46,10	4500m: 0:52,11	5000m: 0:58,12	5500m: 1:04,14
	6000m: 1:10,10	6500m: 1:16,08	7000m: 1:22,10	7500m: 1:28,13	8000m: 1:34,16	8500m: 1:40,23	9000m: 1:46,28
	9500m: 1:52,29						

10000 m. női gyorsúszás

2. versenyszám

Felnőtt

1.	Olasz Anna	1993	Szegedi Úszó Egylet	01:59:06,98			
	100m: 0:01,08	400m: 0:04,38	500m: 0:05,48	800m: 0:09,17	1000m: 0:11,37	1500m: 0:17,27	2000m: 0:23,17
	2500m: 0:29,10	3000m: 0:35,03	3500m: 0:40,57	4000m: 0:46,53	4500m: 0:52,46	5000m: 0:58,40	5500m: 1:04,37
	6000m: 1:10,34	6500m: 1:16,32	7000m: 1:22,28	7500m: 1:28,25	8000m: 1:34,29	8500m: 1:40,36	9000m: 1:46,44
	9500m: 1:52,53						
	Edzője: Gellért Gábor, Nagy Attila						
2.	Sömenek Onon Kata	1997	Kőbánya Sport Club	01:59:31,37			
	100m: 0:01,08	400m: 0:04,38	500m: 0:05,47	800m: 0:09,16	1000m: 0:11,36	1500m: 0:17,26	2000m: 0:23,17
	2500m: 0:29,09	3000m: 0:35,01	3500m: 0:40,57	4000m: 0:46,52	4500m: 0:52,45	5000m: 0:58,43	5500m: 1:04,43
	6000m: 1:10,46	6500m: 1:16,49	7000m: 1:22,54	7500m: 1:28,57	8000m: 1:35,04	8500m: 1:41,09	9000m: 1:47,16
	9500m: 1:53,25						
3.	Szilágyi Nikolett	1995	Magyar V. Kerettag	02:01:56,78			
	100m: 0:01,09	400m: 0:04,43	500m: 0:05,54	800m: 0:09,28	1000m: 0:11,50	1500m: 0:17,49	2000m: 0:23,48
	2500m: 0:29,48	3000m: 0:35,48	3500m: 0:41,46	4000m: 0:47,46	4500m: 0:53,50	5000m: 0:59,52	5500m: 1:06,01
	6000m: 1:12,11	6500m: 1:18,21	7000m: 1:24,27	7500m: 1:30,38	8000m: 1:36,48	8500m: 1:43,02	9000m: 1:49,21
	9500m: 1:55,39						
4.	Kiss Nikoletta	1997	Egri Úszó Klub	02:02:09,09			
	100m: 0:01,09	400m: 0:04,42	500m: 0:05,53	800m: 0:09,26	1000m: 0:11,48	1500m: 0:17,45	2000m: 0:23,42
	2500m: 0:29,41	3000m: 0:35,41	3500m: 0:41,43	4000m: 0:47,47	4500m: 0:53,53	5000m: 0:59,51	5500m: 1:05,50
	6000m: 1:11,59	6500m: 1:18,11	7000m: 1:24,24	7500m: 1:30,41	8000m: 1:36,56	8500m: 1:43,15	9000m: 1:49,32
	9500m: 1:55,51						

U 18-19

1.	Szilvási Gréta	1999	Kiskunhalasi ÚGYE	01:57:26,41
	100m: 0:01,09	400m: 0:04,41	500m: 0:05,50	800m: 0:09,18
	2500m: 0:29,15	3000m: 0:35,05	3500m: 0:40,59	4000m: 0:46,56
	6000m: 1:10,54	6500m: 1:16,52	7000m: 1:22,37	7500m: 1:28,25
	9500m: 1:51,39			8000m: 1:34,10
	Edzője: Novotny Attila			
2.	Juhász Adél	1998	Kiskunhalasi ÚGYE	01:58:20,74
	100m: 0:01,08	400m: 0:04,38	500m: 0:05,47	800m: 0:09,16
	2500m: 0:29,09	3000m: 0:35,02	3500m: 0:40,57	4000m: 0:46,53
	6000m: 1:10,33	6500m: 1:16,32	7000m: 1:22,27	7500m: 1:28,20
	9500m: 1:52,19			8000m: 1:34,10
3.	Novoszáth Melinda	1998	Darnyi Tamás SC	01:58:29,07
	100m: 0:01,09	400m: 0:04,42	500m: 0:05,54	800m: 0:09,24
	2500m: 0:29,25	3000m: 0:35,22	3500m: 0:41,21	4000m: 0:47,19
	6000m: 1:11,02	6500m: 1:16,50	7000m: 1:22,40	7500m: 1:29,49
	9500m: 1:52,19			8000m: 1:35,48
4.	Kovács Réka	1999	Győri Úszó Sportegy.	02:01:50,77
	100m: 0:01,08	400m: 0:04,44	500m: 0:05,56	800m: 0:09,32
	2500m: 0:29,47	3000m: 0:35,47	3500m: 0:41,47	4000m: 0:47,51
	6000m: 1:11,59	6500m: 1:18,02	7000m: 1:24,08	7500m: 1:30,21
	9500m: 1:55,38			8000m: 1:36,44
5.	Ollé Mónika	1999	MTK Sportszolg.	02:02:31,80
	100m: 0:01,09	400m: 0:04,44	500m: 0:05,56	800m: 0:09,32
	2500m: 0:29,51	3000m: 0:35,55	3500m: 0:42,01	4000m: 0:48,09
	6000m: 1:12,46	6500m: 1:18,59	7000m: 1:25,12	7500m: 1:31,22
	9500m: 1:56,15			8000m: 1:37,30
6.	Sztankovics Dóra	1999	Darnyi Tamás SC	02:03:12,23
	100m: 0:01,09	400m: 0:04,44	500m: 0:05,56	800m: 0:09,31
	2500m: 0:30,11	3000m: 0:36,16	3500m: 0:42,11	4000m: 0:48,14
	6000m: 1:13,04	6500m: 1:19,22	7000m: 1:25,37	7500m: 1:31,52
	9500m: 1:56,52			8000m: 1:38,03
7.	Okos Glória	1999	BVSC-Zugló	02:05:20,31
	100m: 0:01,10	400m: 0:04,48	500m: 0:06,01	800m: 0:09,37
	2500m: 0:30,20	3000m: 0:36,25	3500m: 0:42,38	4000m: 0:48,50
	6000m: 1:13,40	6500m: 1:19,59	7000m: 1:26,20	7500m: 1:32,46
	9500m: 1:58,52			8000m: 1:39,16
8.	Vas Laura	1999	Szegedi Úszó Egylet	02:06:50,83
	100m: 0:01,10	400m: 0:04,49	500m: 0:06,01	800m: 0:09,40
	2500m: 0:30,49	3000m: 0:37,07	3500m: 0:43,34	4000m: 0:49,54
	6000m: 1:15,34	6500m: 1:21,57	7000m: 1:28,23	7500m: 1:34,53
	9500m: 2:00,29			8000m: 1:41,21
				1500m: 0:18,15
				2000m: 0:24,30
				5000m: 1:02,40
				5500m: 1:09,08
				8500m: 1:47,45
				9000m: 1:54,09